



# Lighthouse

Volume 36 Number 10

27 November 2020

Dear Members of the SFX Community

## 2020 YEAR 12 MAJOR AWARDS

Last week provided us with a wonderful opportunity to acknowledge the achievements of many of our Year 12 cohort. Specific COVID-19 regulations around awards for Year 12 students enabled us to celebrate the work of this group of students in the College Hall. While the COVID-safe structures around the event made the occasion a little different than usual, it was still fantastic to be able to celebrate the pursuit of excellence within our community. Details of award recipients are provided in this edition of the Lighthouse.

## ARTEXPRESS

Last week also saw the acknowledgement of two Year 12 students whose artworks have been selected to be a part of the ArtExpress showcase which recognises some of the finest artistic achievements of students across the state. We congratulate Chile Hemara and Marli Ryan on this public recognition of their work, as well as those who have assisted them on the journey.

## EDROLO

After a Term Three trial of the learning platform *Edrolo*, the College has now concluded an extensive review regarding its value to students across each faculty. The results of this review have indicated significant student and staff support for the program across many courses, although there were some courses where it was not deemed to be as useful.

As a result, the College is pleased to announce that the program will become a part of our learning landscape in 2021 in most courses. While there is a significant cost associated with *Edrolo*, the College has made the decision to bear these expenses as part of our commitment to improving student learning opportunities. We think that this is an important investment for our students, and we would encourage them to embrace the possibilities made available through this program.

## YEAR 11 AWARDS

Year 11 academic achievements will be recognised at a College assembly this week. There are a significant number of award recipients which is great to see in a challenging year. However, the volume of award recipients unfortunately means that we cannot have families join us onsite for this event as we would not be able to meet the required COVID regulations. Nevertheless, it will be fantastic to acknowledge these students for their achievements and full details will be provided in the next edition of the Lighthouse.

## YEAR 11 PARENT-TEACHER-STUDENT INTERVIEWS

Thank you to the many families who engaged with staff last week to have conversations about learning. Whilst the online platform may not have been our preferred option, we were grateful for so many taking the opportunity to walk with us on the learning journey.

May God bless.

Greg Ptolemy  
Principal

### *Photo Gallery from 2020 Year 12 Major Awards Ceremony*







# ST FRANCIS XAVIER'S COLLEGE YEAR 12 MAJOR AWARDS PRESENTATION

13 November 2020

The Year 12 major awards, in normal times, would be presented at the Graduation dinner in front of all the students' peers and their families. We regret that this cannot occur in this format, but these are significant awards and we did not want to forfeit public recognition.

We were grateful that we had been able to invite family members to the awards ceremony.

Congratulations to the following people who participated in the ceremony.

**Leroy Reid** who read 'Acknowledgement of Country'.

**Heath Turner** who lead the community in prayer.

**Jonah Sheehan** who performed a musical item, Coena Rudimentalis for Snare Drum and Tape by Carlos Passeggi

## ALL ROUND EXCELLENCE AWARD

This award is presented to a student who

- has excelled in a range of College activities.
- is highly respected by students and staff.
- has achieved academic success.
- is representative of the ideals that the College sets before students.

This award will be presented jointly to Serafina Angeli and Chloe Anson-Smith.



**Serafina  
Angeli**

All Round  
Excellence Award

*Serafina has achieved excellent academic results consistently throughout Year 11 and 12 and has already been recognised today for achieving Academic Excellence, the College Medal for Legal Studies and significantly ranked equal 2<sup>nd</sup> Aggregate.*

*I will add Serafina was ranked 2<sup>nd</sup> in English Advanced, English Extension 1, English Extension 2, Music and French Beginners.*

*Serafina has wholeheartedly involved herself in College activities giving of her time in the choir and singing at numerous events. She has assisted other students accessing provisions in exams, was a volunteer on the DARA Van and has been an active member in her parish community.*



**Chloe  
Anson-Smith**

All Round  
Excellence Award

*Chloe has involved herself in all aspects of College life. She was the College Vice Captain and served on the SRC. She has assisted students accessing disability provisions, participated in the Teaching in Primary Schools' Program, has been a member of the choir and has performed at numerous College events including entertaining us over zoom. Chloe led the music at the Marist Leadership gathering in Mittagong last year which involved over 70 students from 18 schools across the state.*

*Chloe has achieved academically and has received the College Medal for Music.*

*Chloe is also a keen sportsperson and last year represented the College in hockey and cross country (neither of which could run this year). In the community Chloe has played representative hockey, reached regional, zone and state representative levels in hurdles and distance running.*

*Chloe has engaged wholeheartedly in College life and she has managed to balance a demanding academic program and service to the College community.*

The College recognises, applauds, and thanks both Serafina and Chloe for their contributions to the College.

***Serafina Angeli and Chloe Anson-Smith are worthy recipients of the  
College All Round Excellence Award for 2020***

## DUX OF THE COLLEGE



**Max Moser-Finch**

*Throughout his two years of study at St Francis Xavier's College, Max has been consistently recognised for his outstanding academic achievement. Max has exhibited dedication to his studies, and the capacity to rigorously analyse and reflect on his performance. Max pursues excellence in all that he does.*

*Congratulations Max*

**2020 Dux of St Francis Xavier's College**

## BISHOP'S AWARD FOR LEADERSHIP

This award is conferred on our College Captains.



**Imogen McCulloch and Elijah Hahn**

*Whether at the College on a normal school day or representing the College at official gatherings, Imogen and Elijah have engendered pride in the College through their display of behaviour, attitude and motivation. They have truly been inspirational in their commitment, involvement and dedication.*

*Thank you and congratulations **Imogen and Elijah** on your outstanding contribution as College Captains in 2020*

## FC DOUGHERTY AWARD FOR LEADERSHIP

This award is conferred on our College Vice Captains.



**Chloe Anson-Smith and Heath Turner**

*By their example in behaviour, attitude, motivation and dedication **Chloe and Heath** have been fine role models for the students at the College.*

*We are grateful to **Chloe and Heath** for the role you have played in College life and congratulate you both on your outstanding contribution as College Vice Captains in 2020*

## COLLEGE AWARD FOR LEADERSHIP

*These awards are presented to those students who have been elected by their peers to special positions of responsibility. These students have effectively and efficiently carried out a variety of organisational and leadership responsibilities throughout the year and fulfilled all aspects of their role in a most reliable, committed and responsible manner.*



**Sophie  
Gillogly**

Champagnat  
House Captain



**Raphael  
Ponferrada**

Dominic  
House Captain



**Shelby  
Fanning**

MacKillop  
House Captain



**Brianna  
Crawley**

McAuley  
House Captain



## COLLEGE AWARD FOR SOLIDARITY LEADERSHIP

*Solidarity in the Marist tradition means we choose to stand with others who have less capacity to transform their reality and work with them to help create positive opportunities.*

*The Solidarity leaders at the College have promoted and supported Marist Solidarity through fundraising activities and raising awareness about social justice issues not just locally but nationally and globally.*



**Jayden  
Allen**



**Damian  
Brymora**



**Jessamine  
Lobb**



**Emmanuela  
Luka**

## COLLEGE AWARD FOR CONTRIBUTION TO RELIGIOUS SPIRIT

This award recognises someone who has made significant contributions to the Religious values in the College.

The Recipient for 2020 is **Raphael Ponferrada**.



*Raphael's commitment to his faith and values are evident in his manner and actions.*

*Raphael is committed to social justice issues and has worked with passion and dedication to promote the spirit of the College. Raphael has volunteered to assist with College liturgies and masses on a regular basis.*

*Raphael embodies what a Catholic education proclaims.*

***Raphael is a worthy recipient of the  
College Award for Contribution to Religious Spirit***

## COLLEGE AWARD FOR ST VINCENT DE PAUL CHAPTER

The recipient of this award for 2020 is **Sharni Tilbrook**.



*The St Vincent de Paul Conference of the College has had a large membership this year. In this group the students' work tirelessly to address the needs of others both locally and globally.*

*The SVDP Conference organised a Vinnie's Day and Christmas Appeal to provide gifts and money to help those in need and also to support the Cambodia appeal.*

*They have organised collections of food and clothing as a part of the Winter and Spring Appeal, have collected and delivered Easter Eggs to aged care facilities and visited and interacted with families to provide welcome social conversations and interest.*

*We acknowledge and thank her for her leadership, dedication and contribution to College life.*

***The President of the St Vincent de Paul Conference at the College for 2020 was Sharni Tilbrook.***

## PRINCIPAL'S AWARD

This award is determined by the Principal of the College and is awarded to the student who the Principal regards as having contributed to the College in a special and exemplary manner

The recipient of this award for 2020 is **Elizabeth Hughes**.



*In recognition and gratitude for consistent and tireless support and contributions to social justice activities. Elizabeth helped out on the DARA Van, weekly at the Refugee Hub, as a member of Vinnies, in the Teaching in Primary Schools' Program and assisting students accessing Disability Provisions.*

*Elizabeth has a generous and genuine heart and goes about all she does in a very quiet and unassuming manner.*

***Congratulations Elizabeth.***

## COLLEGE AWARD FOR COMMUNITY SERVICES

This award recognises a student's contribution to the life of the College in the area of service to others both in the College itself and in the wider community.

The recipient for 2020 is **Sophie Gillogly**.



*Sophie has fully immersed herself in the life of the College. She has been involved in numerous and varied College events. Her attitude and approach have always been positive and engaging.*

*Sophie has an enthusiastic manner in her willingness to be of service in a wide variety of works and is a witness to the values and beliefs our College is based on.*

***Congratulations Sophie.***

## COLLEGE AWARD FOR CULTURAL ACHIEVEMENT

The recipient for 2020 is **Shelby Fanning**.



*The life of the College is enhanced by students who willingly devote their talents and time to many creative projects while constantly inspiring others.*

*Shelby has contributed significantly to the cultural life of the College. She has enthusiastically and selflessly involved herself and shared her talents. Shelby was on the organising committee for the Battle of the Bands both in 2019 and 2020. She was on the organising committee for the Combined Schools ANZAC Service in 2019 which commanded months of preparation and dedication. Shelby has been involved in the organisation of House Days in both years, she has supported students in the Disability Provisions Program, she participated in the Marist Superconnect 2020, and was a part of the SRC. Additionally*

*Shelby was a part of the College girls football team in 2019 who became 2019 State Champions. She has balanced her contributions admirably with a demanding academic program.*

***We thank Shelby for her contributions and involvement and congratulate her as a most worthy recipient of the Cultural Achievement Award for 2020.***

## ANNE FROST MEMORIAL MUSIC AWARD

*This award was established in Memory of Mrs Anne Frost, who was the leader of the Music Department at St Francis Xavier's College during the late 1980's, and whose enthusiasm, energy and devotion to this department and its students was very well known.*

This award will be presented jointly to **Jonah Sheehan** and **Alexine Ziade**.



*Jonah and Alexine have been most committed and generous music students throughout their two years here at the College. Both Jonah and Alexine have performed on their respective instruments at College events and they have sung in the College choir at DioSounds 2019, College Awards Ceremonies, liturgies and the 2019 Year 12 Graduation Mass.*

*The Music Staff of the College have sincerely appreciated their enthusiasm and passion for music in many settings. Jonah and Alexine have consistently performed at a very high standard and have maturely and very capably accompanied fellow students in their Higher School Certificate performances with professionalism.*

*For their continued commitment and contribution to the musical life of the College, Jonah and Alexine are most worthy joint recipients of this Anne Frost Memorial Music Award.*

*Congratulations **Jonah Sheehan** and **Alexine Ziade**.*

## SHARON CLAYDON COMMUNITY SPIRIT AND LEADERSHIP AWARD

The recipient for 2020 is **Heath Turner**.



*This award is presented to Heath in recognition of his outstanding leadership and contributions to the College community.*

*Congratulations **Heath**.*

## TIM CRAKANTHROP SOCIAL JUSTICE AWARD

The recipient for 2020 is **Jessamine Lobb**.



*This award is presented to Jessamine who has been a volunteer in the Primary School's Program and on the DARA Van. She was a regular presence at the Refugee hub supporting refugees learn English. She was also a member of the College's Vinnies group and was a Solidarity Leader.*

*Congratulations **Jessamine**.*



## ADF FUTURE INNOVATORS AWARD

*This is the first year that this Award is being presented. It is awarded to a student on their ability to demonstrate innovation and learning in the fields of Science, Technology, Engineering and Mathematics.*

*The recipients of these awards are Australia's next generation of innovators, critical thinkers, and problem solvers.*



The ADF Future Innovators Award is a monetary Award and is being presented to **Tristan Antonini**.

*Congratulations **Tristan**.*

## ADF LONG TAN LEADERSHIP AND TEAMWORK AWARD

This award recognises a student who demonstrates

- a very high degree of leadership ability both at school and in the community.
- who applies themselves with a high standard of values in all facets of life.
- who demonstrates excellent communication abilities and is willing to listen to other points of view.



The ADF Long Tan Leadership and Teamwork Award is a monetary award and is presented to **Imogen McCulloch**

*Congratulations **Imogen**.*

*While the outstanding performances of a number of students have already been recognised the recipients of the Clive Churchill Sportsman and Sportswoman of the Year Awards are selected based on their **overall contribution** to the sporting life at St Francis Xavier's College.*

## CLIVE CHURCHILL SPORTSMAN OF THE YEAR

This award was presented jointly to **Charlie Hawke** and **Leroy Reid**.



**Charlie  
Hawke**

Clive Churchill  
Sportsman  
Of the Year

*Charlie had a magnificent year in 2019, sweeping all before him in multiple events at the Diocesan, NSWCCC and the School Sport Australian Championships and was well on his way to achieving similar this year.*

*He did compete in the SSSA diocesan swimming carnival and broke records in the 17+ 50m butterfly and 200 IM. He took exactly 1sec off the 200 IM record.*

*Charlie received a Blue for swimming in 2019, and a letter from Swimming Australia which recognised that "through Charlie's performances in swimming in the past year, he would in every likelihood have achieved qualifying standards to represent Australia at the now cancelled 2020 Junior Pan Pacific Championships in Hawaii".*

*Charlie also has verbally accepted a full swimming scholarship to the University of Alabama, in the US.*



**Leroy  
Reid**

Clive Churchill  
Sportsman  
Of the Year

*Leroy has represented the Diocese in athletics from 2015-2019. At the NSW CCC championships in 2019 he won gold in the 200m and the 400m, silver in the 100m, and was named 17 years age champion. He holds the diocesan record in the 400m. At last years NSW all school championships he again showed his talent in multiple events when he ran a personal best in the 200m to win a gold medal, a silver in the 100m and fifth in the long jump. As a result, he was selected to represent NSW at the Australian All Schools Championships in Perth in December 2019. He continued his outstanding form, securing silver medals in the 200m and 4x100m relay, and a personal best in the 100m. In 2019 Leroy received a Bar award (awarded to students who already have a Blue and have continued to excel in their sport) Leroy recently started back at the NSW Target Talent Program at Sydney Olympic Park. Selectors were also watching Leroy for selection in the U20s training squad for World Juniors. He is hopeful the World Junior Athletics Championships will be moved to 2021.*

***Charlie Hawke and Leroy Reid are worthy recipients of the  
Clive Churchill Sportsman of the Year Award for 2020***

# CLIVE CHURCHILL SPORTSWOMAN OF THE YEAR

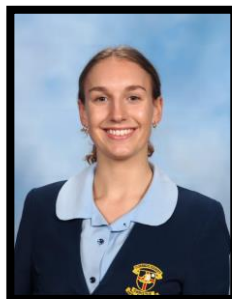
This award was presented jointly to **Amelie Bourke** and **Kate Kingham**.



**Amelie  
Bourke**

Clive Churchill  
Sportswoman  
Of the Year

*In 2019 Amelie was a member of the SFX girls surf team which was named state champions in the team section and selected to go to the national titles. Amelie along with Ellie Lambkin (Year 11) attended the 2020 State Titles held in the Coffs Harbour area as part of the Newcastle Regional Team. Amelie progressed through to the final and finished in second place. As a result, Amelie was selected as part of the NSW All Stars team to compete at the National Titles. A most impressive effort by Amelie to win back to back selection to the national schools surfing titles Unfortunately, the National Titles could not be held.*



**Kate  
Kingham**

Clive Churchill  
Sportswoman  
Of the Year

*In 2019 Kate became the only player in 74 years of Newcastle Basketball to win three NSW State Championship titles in the one season as a member of the following teams – U18 Women, Waratah League Youth Women Division 1 and Waratah League ABA Senior Women.*

*In 2019 Kate represented NSW Country Basketball U18 Women at the Australian Championships in Townsville where she was listed as the top 3-point percentage shooter.*

*Kate was an integral member of the SFX team in 2019 who were NSWCCC runners up and was selected in the NSW CCC team that competed at the NSW ALL School Championships in Terrigal.*

*In February, this year Kate represented NSW at the U/20 Australian Basketball Championships in Canberra. The NSW team was placed 4<sup>th</sup>.*

Well done to both girls on their outstanding efforts this year.

***Amelie Bourke and Kate Kingham are worthy recipients of the  
Clive Churchill Sportswoman of the Year Award for 2020***

Congratulations to all the students who have successfully balanced their sporting interests and commitments with their academic studies.



**Combined  
AGGREGATE MEDAL  
ACADEMIC EXCELLENCE MEDAL  
SUBJECT MEDAL for FIRST PLACE**



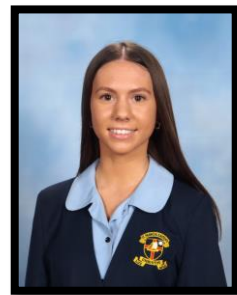
**Serafina Angeli**  
Equal 2<sup>nd</sup> Aggregate  
Academic Excellence  
Legal Studies



**Sophie Gillogly**  
Top 14 Aggregate  
Academic Excellence  
Economics



**Ivy Griffin**  
Top 14 Aggregate  
Studies of Religion 2U  
Society & Culture



**Ashley Janissen**  
Top 14 Aggregate  
Academic Excellence



**Max Moser-Finch**  
Academic Excellence  
Engineering Studies  
Mathematics Ext 1  
Mathematics Ext 2



**Avena Munro**  
Equal 2<sup>nd</sup> Aggregate  
Academic Excellence  
Ancient History  
Biology  
Chemistry



**Angus Nichol**  
Top 14 Aggregate  
Academic Excellence  
Science Extension



**Sophie O'Sullivan**  
4<sup>th</sup> Aggregate  
Academic Excellence  
Community & Family  
Studies



**Jessica Pelley**  
Top 14 Aggregate  
Academic Excellence  
History Extension



**Benjamin Rees**  
Top 14 Aggregate  
Personal Development,  
Health and Physical  
Education



**Leroy Reid**  
Top 14 Aggregate  
English Advanced



**Sharni Tilbrook**  
Top 14 Aggregate  
Academic Excellence  
Physics

**Combined  
AGGREGATE MEDAL  
ACADEMIC EXCELLENCE MEDAL**



**Max Anderson**  
Top 14 Aggregate  
Academic Excellence



**Brianna George**  
Top 14 Aggregate  
Academic Excellence

**Combined  
ACADEMIC EXCELLENCE MEDAL  
SUBJECT MEDAL for FIRST PLACE**



**Louis Blackford**  
Academic Excellence  
Earth and  
Environmental Science



**Chelsea Chapman**  
Academic Excellence  
Textiles and Design



**Lilliana Francisci**  
Academic Excellence  
French Beginners



**Jessamine Lobb**  
Academic Excellence  
English Ext 1



**Piper Lovett**  
Academic Excellence  
Aboriginal Studies



**Gretal McMillan**  
Academic Excellence  
English Standard



**Tess Piper**  
Academic Excellence  
Society and Culture

## ACADEMIC EXCELLENCE MEDAL



**Hudson Blanch**  
Academic Excellence



**Jade Clout**  
Academic Excellence



**Dalton Deverell**  
Academic Excellence



**Jessica Gabb**  
Academic Excellence



**Isabella Jackson**  
Academic Excellence



**Bridget Lynch**  
Academic Excellence

## TWO SUBJECT MEDALS for FIRST PLACE



**Tristan Antonini**  
Industrial Technology  
Software Design and  
Development



**Cloe Burchell**  
Catholic Studies  
Exploring Early  
Childhood



**Georgia Worboys**  
Photography  
VET Retail



**Amy Theacos**  
*Year 11 2020*  
Mathematics  
Advanced  
Studies of Religion 1U



## ONE SUBJECT MEDAL for FIRST PLACE



**Chloe Anson-Smith**  
Music 1



**Ashley Bamback**  
VET Entertainment



**Geri Calman**  
VET Business Services



**Zoe Chapman**  
English Extension 2



**Julian Craven**  
Geography



**Samuel Daley**  
VET Sport Coaching



**Olivia Dent**  
Business Studies



**Emily Eather**  
VET Hospitality



**Oliver Flook**  
Mathematics  
Standard 1



**Ava Gibson**  
Visual Arts



**Oliver Griffiths**  
Drama



**Jessica Hay**  
English Studies



**Sophie James**  
Food Technology



**Alkira Johnston**  
Mathematics  
Standard 2



**Hamish Maher**  
Design and  
Technology



**Erin Marley**  
Marine Studies

## ONE SUBJECT MEDAL for FIRST PLACE *continued*



**Jake Michilis**  
VET Construction



**Phoebe Price**  
Investigating Science



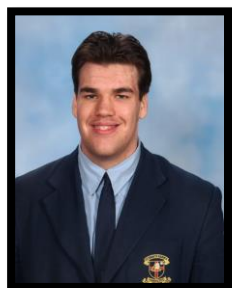
**Orla Sheridan**  
Modern History



**Meghan Ward**  
Food Technology



**Will Watsford**  
Sport, Lifestyle and  
Recreation



**Noah White**  
Information Processes  
and Technology

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## DATES TO REMEMBER

Friday, 4 December 2020	SFX Day celebration
Friday, 11 December 2020	Year 11 classes conclude
Friday, 18 December 2020	HSC and ATAR results released
Friday, 29 January 2021	Year 11 students commence
Tuesday, 2 February 2021	Year 12 students commence



# Wellness and Wellbeing



## Be Aware

Be aware of the world around you; notice the changing seasons and the beautiful sights, smells and sounds as you do your daily activities. Notice how you feel. Try this as you walk, eat lunch or wait for a train. Being aware of the 'here and now' can help you feel calm and reduce stress.

This term, the Wellbeing Team have been focusing on the element “Be Aware” from the *5 Ways to Wellbeing Framework*. In week one, the students took part in a *New Beginnings Survey* that sort information regarding how the students felt as they transition into their final year of study. Below are some of the top factors and data that the students provided from the survey. 220 students completed the survey.

### **Question: Things the students are worried about (Top 3 responses)**

- Exams, assignments and schoolwork – 37%
- Pressure to do well at school – 18%
- Nothing has really stressed or worried them recently – 11%

### **What have your students done about their worries? (Top 3 responses)**

- Nothing about it – 40%
- Talked to someone – 27%
- They have been learning to live with it – 24%

### **Who do the students go to when they are worried? (Top 3 responses – more than one answer could be selected)**

- Parents/carers - 51%
- Friends at school – 46%
- Friends outside of school – 27%

### **Areas where the students want to build their confidence (Top 3 responses – more than one answer could be selected)**

- Studying – 53%
- Dealing with stress – 44%
- Being more organised – 40%

### **Top three areas the cohort is the happiest with:**

- Balancing time well
- Healthy eating
- Sleep or energy

### **In the past month, the students have been most worried about:**

- Hurtful texts, messages, or comments being sent to them
- People posting things about them online
- Their peers calling them names or insulting them.

From this information, the Wellbeing Team established a series of Long Tutor Group lessons and activities centred around the concerns of the students. The goal is to slowly build a “Toolkit” of resources and information for the students to access for support. We have shown some of the key features of the lessons.



## Sign up to eHeadspace

We are looking at utilising eHeadspace resources in the coming weeks. We would like all students to create their own log in account with eHeadspace. It is free and easy to use. Students will also be sent a link to their emails to complete the log in services. Encourage students to use their school email account when they register.

<https://headspace.org.au/register/>

## Scenario Based Learning activities

Students were given the opportunity to communicate their understanding of how to manage certain scenarios that relate to their current lives. Certain scenarios reflected; how to manage your social media accounts in regard to potential photos or information that may be harmful; changes that you may see in their peers and how to reach out for assistance; and personal safety when attending parties and functions with peers.

## How to engage with social media appropriately

Students were given the opportunity to explore the psychological effects of social media. The key focus of this lesson was regarding how not all posts on social media are true and have a false imagery assigned to the post. Students were able to express how to communicate and use social media appropriately by only being authentic in posts and not engaging in “trolling” behaviour.

**Students from Tutor Group 25 completing mindfulness colouring during Long Tutor Group as a form of meditation.**







## **Gregson Park Remembrance Day Service Wednesday, 11 November 2020**

Merewether-Hamilton-Adamstown RSL Sub-Branch hosted a *Remembrance Day Service* at the striking heritage war *memorial* in Gregson Park, Hamilton. Community members were invited to join Sub-Branch members on this significant *day of Remembrance*.

College Captains **Ava Gidley** and **Jayden Wright** represented the College at this most significant event.







# What'll happen to the Wattle??!

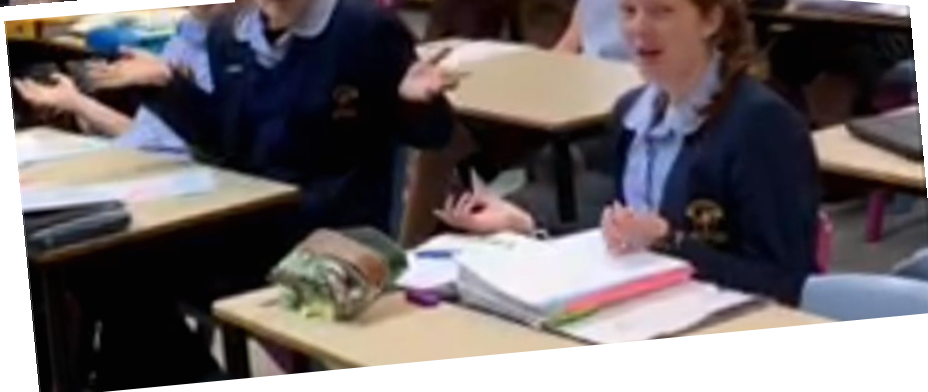
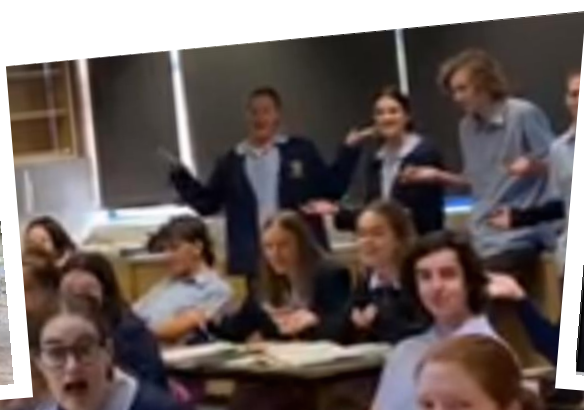
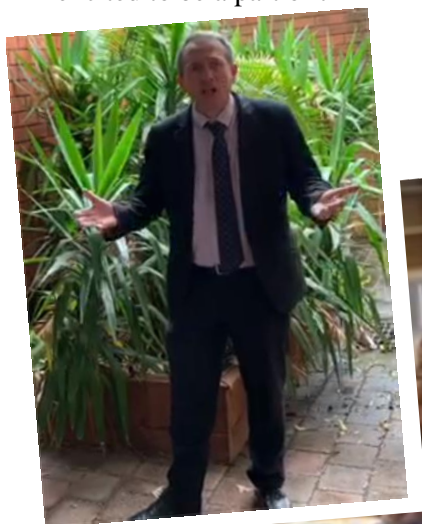
**One Giant Leap Australia Foundation  
is sending native golden wattle seeds  
to the International Space Station  
in early December 2020.**

In collaboration with the Japan Aerospace Exploration Agency (JAXA) the seeds will live in space for six months, returning to Australia in time for Science Week 2021.

Supported by the Australian Space Agency, the "What'll happen to the wattle??!" programme was offered to schools across Australia and we were thrilled that our application was successful! The applications included 200 words and a short video (*some stills shown below*), explaining what the schools would do with the wattle once it had grown and why we should be chosen. St Francis Xavier's College and other chosen schools around Australia will receive wattle seeds that have flown to space, plus seeds from the same lot that have not. We will be germinating and growing our seeds, recording data about the germination and seed growth. Data will be uploaded to the 'What'll happen to the wattle??!' app. Throughout the programme, One Giant Leap Australia Foundation will run teleconferences and provide educational support to participating groups.

The twelve-month to two year project will result in the creation of a nationwide map identifying the location of Australia's 'space wattle' trees.

The project is an historic opportunity for Australian schools, and students and our Science Faculty is very excited to be a part of this!





# VINNIES CHRISTMAS APPEAL



This year many people have been deeply challenged first with bushfires, and then with the COVID restrictions. This has led to increased stress among many families with loss of work hours, loss of jobs and uncertain futures.

As a result of the challenges 2020 has brought, this Christmas especially is going to be difficult for many, where going without is a real possibility, even for members of our own community.

St Vincent de Paul continues to work with those in need, aiming to lighten the load and provide necessities for many who have been disadvantaged, they do this by providing food hampers, vouchers, basic furniture, clothing and bill assistance. At Christmas we work to provide a “little bit extra” to help everyone enjoy the Christmas season.

Here at St Francis Xavier’s College our annual Christmas Appeal will see all donations handed over to the Vinnies Reps for distribution as needed. The support of you and your Tutor Group is very much needed and appreciated. This collection will run throughout the first three weeks of Advent. Each Tutor Group will receive an “Advent Calendar” with suggested donations for the week. Donations will be collected during Tutor Group and can also be left at Student Services in allocated boxes.

Thank you for your support!

Ms Mowbray on behalf of Br David and the SFX Vinnies Group

**What is an  
Advent Calendar?**

**One that works in reverse,  
we donate,  
not take!**

The aim is that we gather items that can be passed on to St Vincent de Paul who will then distribute them to those in need. Below are **suggestions** of what Tutor Groups can donate over the next few weeks (*you might be able to think of other non-perishable items to donate too e.g. sanitary and personal hygiene items!*). Let us see what we can do!

<b>Week 8</b> November 30 - December 4	<b>Champagnat House:</b> pasta, rice <b>Dominic House:</b> pasta sauce, tins of tuna <b>MacKillop House:</b> cans of baked beans or spaghetti <b>McAuley House:</b> cans/packets of soup or vegetables
<b>Week 9</b> December 7 - 11 <b>Christmas cheer</b>	<b>Champagnat House:</b> <b>Dominic House:</b> <b>MacKillop House:</b> <b>McAuley House:</b>

*Talk with your House Coordinator and Tutor Group to see what some special Christmas items could be donated eg shortbread, pretzels, mince pies ....*

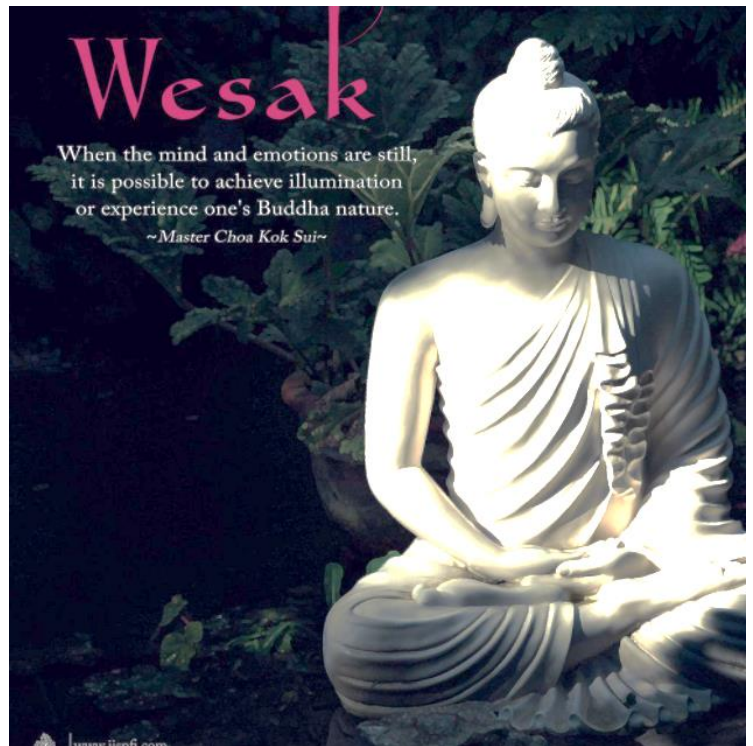
# STUDIES OF RELIGION

Over the past two weeks Year 12 Studies of Religion 2Unit students have been learning about the significant practice of Wesak from the depth study of Buddhism.

Visible learning came to life in one of our classes last week. Some of our students took part in a Wesak ceremony and performed different ritual practices such as group chanting, bathing of the Buddha, prostration, making offerings to Buddha of candles, incense, flowers and fruit, and they concluded with a group meditation. From students performing such rituals and recognising certain symbols they were able to deepen their knowledge of the practice and develop a better understanding of key beliefs expressed in Buddhism.

Students were able to construct new knowledge by building on their current knowledge and therefore being able to make more sense of the practice. It was a high-quality learning experience as the lesson was inclusive of all students, they were able to socially interact with one another and more significantly, it was realistic experience for students. It was evident a “positive classroom environment motivates students and create conditions in which learners can achieve to their full potential” (Killen, 2009).

Monique Williams  
Studies of Religion Teacher and Class







Term 4 has seen the hospitality students completing their units of 'Prepare Simple Dishes and Sandwiches' with a variety of practical lessons.

The Menu over the past weeks has included:

- Lamb Koftas, Tabouli & Dips made into wraps
- Pinwheel sandwiches
- Pulled Pork & Slaw in a filled roll
- Caesar Salad & Thai Beef Salad
- Gozleme
- Beer Battered Fish and Oven Baked Wedges
- Fisherman's Basket

The students are developing skills and knowledge in preparing and presenting simple dishes using different cookery methods, food safety practices for preparing and storing ingredients and the safe operational practices using essential functions and features of equipment used to prepare these simple dishes.





# Life Skills

## Life Work Skills in the Kitchen

### What's Cooking?

Students from the 'Life Skills Work and the Community' course have this term experienced the inner workings of a café. With the help of VET hospitality teachers, Samantha Middleton and Kerrie Burnes, the students worked morning shifts starting at 7.30 am over five weeks in the SFX Café providing morning sustenance for teachers and students.

Skills learnt included cooking and food prep of milkshakes, coffee's and toasties, use of the commercial dishwasher and combi oven, and café clean up processes all within work health and safety and Covid-19 safe procedures. Personal goals of self-management, hygiene, safe food handling and following workplace rules and employer expectations were achieved by all students who participated in the experience.

The Life Skills students also worked FRONT OF HOUSE in the café alongside hospitality students who mentored them in aspects of effective customer service.

One student, Aidan Barlow, said he liked the opportunity of *"reaching new goals and learning proper work outside the classroom"*.





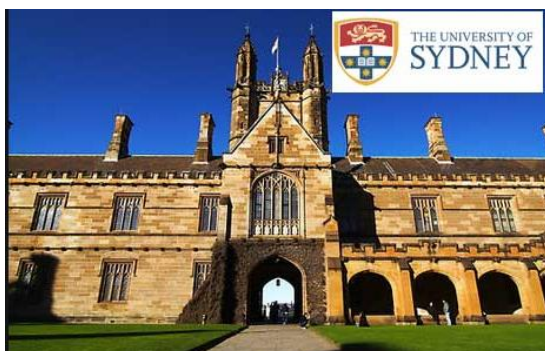
# CAREER NEWS

*Julie McLoughlin  
Ashley Phillips*

*Careers Coordinators*

*E: [julie.mcloughlin@mn.catholic.edu.au](mailto:julie.mcloughlin@mn.catholic.edu.au)*

*E: [ashley.phillips@mn.catholic.edu.au](mailto:ashley.phillips@mn.catholic.edu.au)*



## **The University of Sydney**

**Why you should study humanities???**

**Wednesday 2 December 2020**

**5:00 pm – 6:00 pm**

Pavel Grozdov : [pavel.grozdov@sydney.edu.au](mailto:pavel.grozdov@sydney.edu.au)

Are you fascinated with the study of history, society and culture but unsure of where these fields can lead you? Humanities degrees are the most common degrees among company board directors of Australia's 100 biggest public companies. With a diverse range of career

opportunities on offer, join USyd for online session to discover why you should study a humanities degree.

You'll learn about the variety of courses you can take, as well as experiences in and outside the classroom. We'll also show you the broad career opportunities available and what the job trends are for the future. Disciplines can include:

- Archaeology
- Ancient History
- Ancient Greek
- Latin
- Classics
- Cultural Studies
- Diversity Studies
- Gender Studies
- History
- International and Global Studies
- Philosophy

Register now: [https://uni-sydney.zoom.us/webinar/register/WN\\_L8U2TM8bQJ-06a9IU4ZRPA](https://uni-sydney.zoom.us/webinar/register/WN_L8U2TM8bQJ-06a9IU4ZRPA)



## **University of Newcastle**

**2021 Undergraduate Information Session**

**Friday 18 December 2020 from 10am**

Talk to the team about degrees, changing preferences, alternative entry options. The information session will be held after ATARs are released and prior to the close of change of preferences for consideration in December Round 2 so it's perfect timing to get the advice you need to finalise your UAC application.

Knowing your ATAR means your choices may have changed.

<https://www.newcastle.edu.au/events/future-students/2021-undergraduate-info-session>



**University of Newcastle**  
**Save the World in 60 Minutes**  
**Wednesday 9 December 2020**  
**5:30 pm**

Engineering is the magic that happens when imagination meets science...it's the inventive mindset that finds creative solutions to the world's biggest problems. Hear from researchers about emerging renewable energy solutions, brainstorm ways to tackle climate change.

Join the University of Newcastle's [the Art of Problem Solving](#) exhibition, showcasing some exciting [engineering](#) and [computing](#) innovations - like a soft robot manta ray for coral reef research, a mind-controlled prosthetic hand, a contender for the world's fastest boat, a healthcare respirator and a scaffold for the human spine.

<https://www.newcastle.edu.au/events/faculty-of-engineering-and-built-environment/save-the-world-in-60-minutes>

## **BHP Indigenous Traineeship Program 2021**

Intakes for 2021 Traineeships open in February 2021.

This twelve month traineeship offers a pathway into four key areas of the Business:

- Resource Processing
- Engineering
- Horticulture
- Business Administration

<https://careers.bhp.com/careers/JobDetail/BHP-Indigenous-Traineeship-Program-2020-WAIO-FIFO/106812?featured=0&source=Indeed>



**CSU ATAR Advice Days**  
**Friday 18 and Saturday 19 December 2020**

The team will be on hand to help with any preference, course or enrolment questions you may have. You'll also be able to access virtual booths and information sessions on admission pathways, accommodation, scholarships, and more.

<https://charlessturt.online-event.co/invitation/atar-advice-day-friday-18-december>



**Free Session on UCAT**  
**Interviews**  
**Pathways into Medicine**  
**Careers in Health**  
**9 December 2020 - 6.30pm**

UCAT NIE presenting a free information webinar about UCAT, interviews, the undergraduate pathways into medicine, dentistry, and some other health science programs.

<https://www.nie.edu.au/ucat-free/free-ucat-information-sessions>

## Head-start UCAT Preparation – Live and Interactive

**NB: This is NOT endorsed by SFX !!**

Saturday 23 January 2021

Intensive Training UCAT Workshop - a two-day event.

[www.nie.edu.au /enquiries@nie.edu.au](http://www.nie.edu.au/enquiries@nie.edu.au)

Enrol here::

<https://www.nie.edu.au/products-listing/product/216-simulated-ucat-day-workshop>

## Summer Skills Fast Track Training TAFE

[Links for this have been sent to all Year 12 students](#)

All NSW 2020 Year 12 school leavers can enrol in Summer Skills training courses over the summer period. Places are limited so call us on [13 28 11](tel:132811) [External link](#) to find out where training is taking place near you or read more about the [Summer Skills](#) program.

It offers 2020 Year 12 school leavers the opportunity to upskill, prepare and get ahead through fee-free training courses in construction, coding, business, horticulture, social media, mental health and more.

<https://www.education.nsw.gov.au/campaigns/summer-skills.html>

## Financial support for school leavers

There are a range of student payments available for school leavers going on to further study, including ABSTUDY and Youth Allowance for Students and Apprentices. Find out which financial support packages you may be eligible for using the [Payment and Service Finder](#) [External link](#).

[https://www.centrelink.gov.au/custsite\\_pfe/pymtfinderest/paymentFinderEstimatorPage.jsf?wec-appid=pymtfinderest&wec-locale=en\\_US#stay](https://www.centrelink.gov.au/custsite_pfe/pymtfinderest/paymentFinderEstimatorPage.jsf?wec-appid=pymtfinderest&wec-locale=en_US#stay)

## Microsoft Traineeship Program

Microsoft Australia is very proud of the newly created Microsoft Traineeship Program, which aims to create a new, diverse pipeline of exceptional IT talent while also addressing the technical skills shortage in Australia.

For aspiring trainees, this program provides an excellent foot-in-the-door to an exciting and rewarding career in IT. More info here:

<https://www.microsoft.com/en-au/microsoft-traineeship-program>

and:

<https://www.megt.com.au/microsoft-traineeship-program>



## Nursing and Midwifery 2021 Rural Undergraduate Scholarships Closes 15 January 2021

Scholarships of up to \$5,000 are available for people from rural NSW who are undertaking first year studies of a Bachelor of Nursing or Bachelor of Midwifery degree in 2021.

**Applications open on 26 October 2020 and close on 15 January 2021.  
Late applications will NOT be accepted.**

You can apply for a 2021 Rural Undergraduate Scholarship if you:

- are an Australian citizen or permanent resident living in NSW
- are enrolled in your first year of an Australian Bachelor of Nursing or Bachelor of Midwifery degree in 2021
- have lived in a rural location in NSW for more than five years, within the last ten years
- are intending to practice in a rural location as a registered nurse or midwife when you complete your studies
- are willing to participate in an evaluation or telephone survey about the scholarship

<https://www.health.nsw.gov.au/nursing/scholarship/Pages/rural-undergrad.aspx>

## 2021 NSW Health Aboriginal Nursing and Midwifery Cadetship Program

Closes 31 January 2021

Applications for the 2021 NSW Health Aboriginal Nursing and Midwifery Cadetship Program opens between 11 January 2021 to 31 January 2021

The NSW Aboriginal Nursing and Midwifery Cadetship program provides support and assistance to Aboriginal people studying an undergraduate nursing or midwifery degree at University.

Cadetships include:

- study allowance of \$600 per fortnight whilst undertaking study for 40 weeks
- \$500 per semester support allowance
- 12 weeks paid employment in a local public hospital or Justice Health facility
- support from an Aboriginal mentor, cadet coordinator and additional clinical support.
- the potential for ongoing employment upon successful completion of your studies and the program

<https://www.health.nsw.gov.au/nursing/scholarship/Pages/aboriginal-cadetships.aspx>

## Aboriginal Nursing and Midwifery Undergraduate Scholarship

Connection to culture is central to the health and well-being of Aboriginal and Torres Strait Islander peoples.

Scholarships are available to assist your dream of giving back to and caring for your community. With financial support provided by NSW Health, you can focus on your studies and continue your journey to becoming a nurse or midwife.

Scholarships of up to \$1,000 per subject are available for Aboriginal and Torres Strait Islander students undertaking a Bachelor of Nursing or Bachelor of Midwifery.

**Applications for the 2021 NSW Health Aboriginal Undergraduate Scholarships open from 11th January 2021 to 31st January 2021.**

*"It is important to have Aboriginal Nurses and Midwives to deliver culturally safe and respectable care to our mob. It's about having that connection to our history and understanding that for some, being in hospital can be a traumatising experience".*

Martin Roberts proud Wiradjuri man and NSW Health Registered Nurse

<https://www.health.nsw.gov.au/nursing/scholarship/Pages/aboriginal-undergraduate-scholarships.aspx>



## JOBS ...JOBS... and more JOBS !!!

If you are keen on leaving school, make a booking with one of the careers advisers and look over the HUGE number of positions that are currently available to you!





# ASPIRE

MUSIC . DANCE . DRAMA

## CREATE CHOREOGRAPHIC PROJECT

<https://aspire.mn.catholic.edu.au>

Please refer to the ASPIRE website for all ASPIRE information, forms, updates, photos and the newsletter from the Artistic Director

ASPIRE is again collaborating with internationally recognised Newcastle-based company Catapult Dance in 2021.

Building on the success of previous programs, the Create Choreographic Project will offer students enrolled in schools in the Diocese of Maitland-Newcastle the opportunity to participate in an intensive contemporary dance and collaborative choreographic program.

Students will be provided with a dance and performance art experience that is inclusive, non-competitive, creative and collaborative, and that reflects the working processes of the professional industry. Students will be encouraged to have a voice, and present their thoughts and ideas in a studio setting at the end of the program.

The Create Choreographic Project will run from Monday 22 February 2021 to Friday 26 February 2021.

Dancers will be split into Junior (Years 4–6) and Senior (Years 7–12) groups to create an original piece to perform. They will work alongside professional choreographers at Catapult Dance's studio in Newcastle West.

Secondary students need to have dance training. Primary students must have a genuine interest in and flair for dance, but don't necessarily have to attend dance lessons outside of school.

Students can register for the program by filling out an application form, which must be signed by a parent/carer and teacher from their school. Please forward completed forms via email to [anne.atkins@mn.catholic.edu.au](mailto:anne.atkins@mn.catholic.edu.au)

Scholarship places are available for students in genuine need of financial assistance. Please contact Anne Atkins for further information.

## PROJECT DATES

## COST

<b>Junior</b>	Monday 22 February 2021 – Tuesday 23 February 2021	9.00am – 3.00pm	\$60.00
<b>Senior</b>	Wednesday 24 February 2021 – Friday 26 February 2021	9.00am – 3.00pm	\$90.00

To register please complete the form overleaf and return to Anne Atkins  
[anne.atkins@mn.catholic.edu.au](mailto:anne.atkins@mn.catholic.edu.au) or call Anne Atkins on 02 4979 1331 for more information.

# ASPIRE

Student name: \_\_\_\_\_ Year: \_\_\_\_\_  
School: \_\_\_\_\_ Student email: \_\_\_\_\_  
Parent/carer name: \_\_\_\_\_ Parent email address: \_\_\_\_\_  
Parent mobile number: \_\_\_\_\_ Address: \_\_\_\_\_  
\_\_\_\_\_

Why do you wish to be part of the ASPIRE Create Choreographic Project?

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What dance experience do you have?

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Signed (Parent/Carer): \_\_\_\_\_ Date: \_\_\_\_\_

Application supported by (school teacher within the diocese)

Signed (Teacher): \_\_\_\_\_ Date: \_\_\_\_\_



## St Francis Xavier's College

Address: 286 Parkway Avenue, Hamilton  
Office: Hebburn Street, Hamilton  
Postal: PO Box 300, Hamilton NSW 2303  
Telephone: (02) 4961 2863  
Email: [admin@hamilton.catholic.edu.au](mailto:admin@hamilton.catholic.edu.au)  
Web Site: [www.hamilton.catholic.edu.au](http://www.hamilton.catholic.edu.au)

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### Switch/Reception

Hours: 8:00 am until 3:30 pm

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### Finance Office

Hours: 8:30 am to 3:00 pm  
Email: [hml-finance@mn.catholic.edu.au](mailto:hml-finance@mn.catholic.edu.au)

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### Student Services

Hours: 8:00 am until 3:15 pm  
Telephone: (02) 4961 2110  
Email: [hml-studentservices@mn.catholic.edu.au](mailto:hml-studentservices@mn.catholic.edu.au)

*All student related phone calls can be made directly to the Student Services.  
If the phone is unattended please leave a message.*

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### Uniform Shop

Telephone: (02) 4962 4423  
Email: [stfrancisxaviers@alinta.com.au](mailto:stfrancisxaviers@alinta.com.au)

### Uniform Shop opening hours during school terms are:

**Tuesday 8:30 am – 12:30 pm**  
**Thursday 10:30 am – 12:30 pm**

Payments can be made direct to Alinta Apparel in the form of cash, credit card, or debit credit card.

Shop Online at [www.alintaapparel.com.au](http://www.alintaapparel.com.au)